



MARCH-2023

Please join us for a meeting to plan a Garden Club on Friday, March 17th @ 12:00pm. If you have a green thumb or just some great ideas for planting around the Senior Center, you are welcome you to attend.

Our Yoga and Sweating to the Oldies classes have become very popular-but there is always room for more people to attend. Yoga meets every Tuesday @ 12:00pm & Sweating to the Oldies meets every Wednesday @12:00pm. The cost will remain \$1.00 for Milltown residents and \$2.00 for guests. (In the event that classes get filled, Milltown residents will have priority in attendance.

Presentations-

***Please sign-up on the bulletin board if you would like to attend either of these programs.**

Thursday-March 2nd @ 12:00pm-Public Works Presentation with Ralph Jasionowski.

Monday-March 13th-AARP Presentation in conjunction with the Milltown Library @ 10:45am.

Monday-March 20th-PSE & G Presentation @ 12:00pm

Wednesday, March 22nd -Pizza Party/Bingo Presentation by the Chelsea@1:30pm (sign-up required)

Tuesday, March 28th-Musical Lunch & Learn presented by Brunswick Memorial-1:00pm. (sign-up required)

Wednesday, March 29th-Bus trip to Delicious Orchards-the bus will leave at 10:30am. (sign-up required)

Rap Session-

We have a Rap Session scheduled on Tuesday, March 21st @ 1:30pm with BA/CFO Jeanette Larrison and Council President-Phil Zambrana-sign up if you would like to attend. (Lunch will be served.)

Trips-

We have several bus trips planned for the month of March. **All bus trips require prior sign-up on the bulletin board-as the bus can hold a maximum of 11 people.** Our March trips include:

- 1)Tuesday-March 7th- Bus Trip to Wegmans-the bus will leave @ 10:00am.
- 2)Thursday-March 15th- Bus Trip to Ollie's in Lawrence-the bus will leave the Senior Center @ 10:30am.
- 3)Wednesday-March 29th-Bus Trip to Delicious Orchards-the bus will leave @ 10:30am.
- 4)Thursday-March 30th-Bus Trip to Feast Restaurant in Old Bridge-Tuesday-the bus will leave @11:30am.

Upcoming Programs

We are beginning a weekly lunch program on Wednesday, March 8th sponsored by Elijah's Promise on Wednesdays between 11-11:30am. - Sign up in advance is mandatory- No Walk Ins are permitted as they will be bringing the food to us. I will have a weekly sign-up on the bulletin board, if you would like to participate.

Animal Shelter Donations

There is such a need for the shelters that we will continue collecting throughout the year.